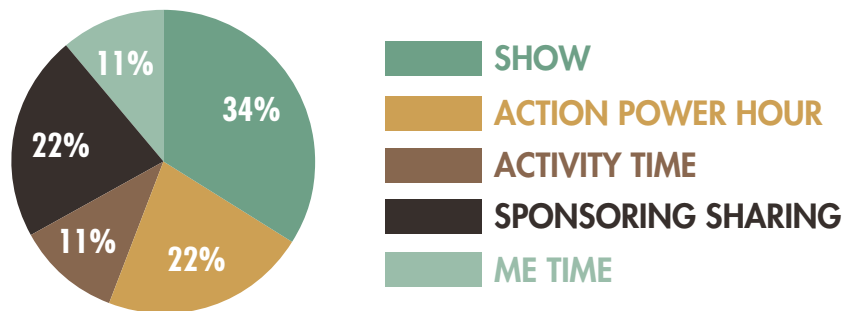




We all desire to live a healthy, balanced life. It's imperative to manage your L'BRI business so it grows strongly and yet allows you to create balance in your life. By adapting the principles below to your weekly calendar and recommit each week to achieving them, you will ultimately get what you desire and provide the roadmap to your destination.

YOUR PERSONAL L'BRI WORK TEMPLATE



ACTION POWER HOUR (1 hour) This activity is vital. Activities include calling for bookings, setting up appointments to share the L'BRI opportunity, and generating new business with samples, Shows, and more. This time does not include Facebook, finding vendor events, or blasting out an email to generate business. View each ACTION like a Lego block that builds your L'BRI business!

ACTIVITY TIME (15–30 min.) This is where you can “catch up” on those miscellaneous things like Facebook, writing thank you notes, finding vendor events, organizing your office, making team calls, training, creating flyers, etc. (While these activities are important, fun, and sometimes necessary, they don't take priority over your POWER HOUR, ever!)

SPONSORING SHARING (1 hour) This is a specific time of week planned to share with others the L'BRI opportunity. It doesn't mean they are getting started; it means you are taking the time to share with them what L'BRI can offer. These conversations are best done in person, but can be on phone, too.

ME TIME (15–30 min.) In order to create balance and joy and harmony in your L'BRI business, it is important you take time for you. Think about something you want to do this week that would replenish you: a nap, a walk, treating yourself, reading, a hobby, breathing, reflecting, etc.

SHOW (2–3 hours) The best and most efficient, fun, effective way to introduce L'BRI to people (learning, sharing, sampling) is at a Show. Strive for at least one Show a week. You decide when. Write it in your calendar and commit to booking Shows for those dates. I promise you... the more Shows you do, the stronger your business grows!

When you set up your own personal L'BRI work template, you are sure to find the success and rewards you desire. By committing to 4–6 productive hours a week to your business using this simple template, you will gain so much!

Take out your calendar. Plug the 5 activities into your week. Work it like you mean it. Commit to it. The only person you disappoint if you break your commitment is yourself. So, honor yourself, and see what happens after 2 weeks, 4 weeks, 12 weeks! This will be an incredibly exciting time, a time that is full of joy and rewards for you!