

How to Use L'BRI Skin Care Products

There are **FIVE BASIC STEPS** in your skin care regimen. Additional products in your regimen can improve results.

CLEANSE

It's important to first clean your skin. The **cleanser** will remove pollution, oils, makeup and imbedded impurities from the skin.

Apply to entire face and neck with fingertips or cleansing sponge working into skin with water. Rinse with lukewarm water using a cleansing sponge or washcloth.

EXFOLIATE

Use **exfoliating** products **TWICE WEEKLY** to remove tired, dull surface cells and imbedded impurities without damaging or scratching delicate tissue.

Exfoliating Face and Body Scrub | *Apply to wet skin. Massage onto face and throat with gentle circular upward motions. Rinse thoroughly. Not recommended for blemished skin.*

Rejuvenating Facial Peel | *Apply a thin layer to clean, dry skin in the morning before cleansing. Allow to sit for up to one minute. With dry fingers rub gently in a circular motion until you see small 'beads' of skin form. Once beading has stopped, rinse face with warm water, pat dry, and follow with freshener.*

Use **ALTERNATELY** with exfoliators. **Masque** products help to refine the appearance of your skin, leaving it supple and smooth.

Facial Masque | *Use two to three times weekly. Apply with fingertips in an upward motion to face and throat. Avoid the eye area. Allow to dry 10-15 minutes. Rinse with warm water, pat dry and follow with freshener. May also be used as a spot treatment overnight on blemishes.*

Clarifying Clay Masque | *Use three to four times weekly. Apply to clean, dry skin over entire face or targeted problem areas, avoiding the eye area. Allow to remain on skin for 15 minutes. Rinse with lukewarm water and pat dry. May also be used as a spot treatment overnight on blemishes. Cleanse face as usual in the morning.*

FRESHEN

The **freshener** restores pH balance and prepares the skin to absorb needed moisture.

Apply to cotton pad; wipe in an upward motion over entire face, eyes and neck.

ANTI-AGING SOLUTIONS

To combat the signs of aging, these products are specially formulated to treat specific areas of the face and to protect from further damage. Use **TWICE DAILY** unless otherwise noted. Listed in the order of use.

SERUMS: We offer four serums that address specific signs of aging. See catalog for details on which best fits your objectives and the areas they treat.

Bakuchiol Retinol Alternative Refining Serum | *Apply 4-6 drops twice daily after freshener for 30 days, then once daily. Follow with moisturizer. It can be used over the entire face or applied as a spot treatment on stubborn lines and wrinkles.*

Time Erase AHA Slow Release | *Apply as a spot treatment to affected areas daily for seven days, then increase to twice daily. Allow to penetrate for approximately five minutes before applying moisturizer. Avoid delicate eye area.*

Maxifirm Skin Renewal Complex & Dermaplex A Line Reversal Peptide | *Gently massage over targeted areas of the face, neck and eyes twice daily for the first 30 days for optimum results, then once daily to maintain results. Allow to penetrate for one to two minutes before applying moisturizer. Do not layer Dermaplex A and Maxifirm as their benefits will offset each other.*

EYE CARE: The skin around the eye is thin and the first to show the signs of aging. Use individually or together for increased moisture and maximum anti-aging benefits.

Smooth n' Firm Eye Repair Gel & Intense Eye Repair Cream | *Using your ring finger, apply around entire eye area with gentle patting motion. You can layer the cream over the gel for more intense treatment. The gel can also be stored in the refrigerator and apply chilled to soothe tired, irritated eyes.*

Neck Firming Cream | *Use twice daily in place of moisturizer for your décolletage and neck area. Apply in an upward and outward motion.*

MOISTURIZE

To restore skin's moisture level while plumping lines and wrinkles.

Apply a dime-size amount over entire face and neck area, working in an upward motion with a small amount of water on your fingertips.

SPECIALTY MOISTURIZERS: Increase hydration and fight free radical damage.

Intense Moisture Boost Hyaluronic Acid Serum | *Apply directly to the skin after moisturizer and blend. Massage lightly into skin until absorbed. Do not apply Moisture Boost with water.*

High Antioxidant Night Repair Treatment | *Use in place of your evening moisturizer. Generously apply every night over face, neck, and décolletage. Do not apply Night Repair with water.*

Hydrating Antioxidant Face Mist | *Spray mist over entire face and neck after moisturizer. Gently massage into skin with fingertips. Spray on face or body any time of day to refresh, revitalize.*