



# SKIN CARE PRODUCT INSTRUCTIONS

*For optimum results, read these instructions completely prior to starting your skin care regimen.*

**CLEANSER: Use twice daily.** L'BRI cleansers are water soluble, removing pollution, oils, makeup, and imbedded impurities. Safe for eye area.

- **Gentle Cleanser:** Mild, creamy cleanser for normal to dry skin.
- **Deep Pore Cleanser:** Mild gel formula for normal, combination, oily or blemish-prone skin.
- **Oil-Control Cleanser:** Powerful, yet gentle, gel cleanser for excessively oily skin.

Apply to entire face and neck with fingertips or cleansing sponge working into skin with water. Rinse with lukewarm water using a cleansing sponge or washcloth. Follow with freshener, moisturizer and treatment products as recommended.

**EXFOLIATOR: Use twice weekly.** L'BRI exfoliating products remove tired, dull surface cells and imbedded impurities from the skin without damaging or scratching delicate tissues.

- **Exfoliating Face and Body Scrub:** Apply to wet skin after cleansing. Smooth over your entire face and body, particularly hands, knees, elbows and shoulders, for smoother, softer looking skin. Not recommended for use on blemished skin.
- **Rejuvenating Facial Peel:** Apply a thin layer to clean, dry skin over entire face (avoid eyes). Ideally, skin should be cleansed and moisturized in the evening and the peel applied in the morning. Allow peel to sit for up to one minute. With dry fingers rub gently in a circular motion until you see small 'beads' of skin form. Once beading has stopped, rinse face with warm water, pat dry, and follow with freshener. May also be used on elbows, feet, knees, and back of hands. Store in a cool, dry place. Not recommended for use in the shower. Use alternately with Facial Masque.

**MASQUE: Use as directed.**

- **Clarifying Clay Masque:** Use three to four times weekly. Apply to clean, dry skin over entire face or targeted problem areas, avoiding the eye area. Allow to remain on skin for 15 minutes. Rinse with lukewarm water and pat dry. May also be used as a spot treatment overnight on blemishes. Cleanse face as usual in the morning.
- **Facial Masque:** Use twice weekly after cleansing. Use alternately with scrub or peel. Apply Masque with fingertips in an upward motion to face and throat. Avoid eye area. Allow to dry 10-15 minutes. Rinse with warm water, pat dry and follow with freshener and moisturizer. May also be used as a spot treatment overnight on blemishes. Cleanse face as usual in the morning.

**FRESHENER: Use twice daily after Cleanser or following Scrub, Peel or Masque.** L'BRI fresheners restore proper pH balance and prepare the skin to absorb needed moisture.

- **Deep Pore Freshener:** For normal, oily, excessively oily, or blemish-prone skin.
- **Gentle Freshener:** For normal, combination, or dry skin.

Spray onto cotton pad, wiping in an upward motion over entire face, eyes, and neck. Follow with recommended treatment products and moisturizer.

**EYE REPAIR: Use twice daily after Freshener.**

- **Smooth n' Firm Eye Repair Gel:** Restores elasticity, diminishes the appearance of lines and dark circles, reduces puffiness and relieves tired eyes. Using ring finger, apply around entire eye area including eyelid and eyebrow with gentle, patting motion. To soothe tired, irritated eyes, store in refrigerator and apply chilled. Eye Repair Gel and Intense Eye Repair Cream may be used together. Apply Gel first, then follow with Cream.
- **Intense Eye Repair Cream:** Reduces 'bags,' lifts and tightens skin, combats puffiness, hyperpigmentation, crepiness, wrinkles and dark shadows. Apply to both upper and lower eyelid areas.

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**ANTI-AGING PRODUCTS: Use as directed.** L'BRI anti-aging products contain powerful ingredients that are specifically formulated to manage issues of aging skin such as loss of firmness, lines and wrinkles, large pores, age spots, and free radical damage.

- **Daily Skin Brightening Pads & Cream:** Cleanse skin, apply freshener with a cotton pad and allow freshener to penetrate skin. Wipe all areas of the skin that have dark marks, age spots or uneven tone with Brightening Pad and allow complete penetration. Follow with Brightening Cream. Brightening products are most effective when used consistently and are applied one after the other with no products in between applications.
- **Neck Firming Cream:** Use consistently, twice daily on clean, dry skin. Apply in an upward and outward motion on décolletage and neck area. No additional moisturizer needed. This can be used with a serum, like Maxifirm, which should be applied first.
- **Time Erase AHA Slow Release Serum:** For age spots, fine lines and wrinkles, and enlarged pores. Use on clean, dry skin after freshener. Apply as a spot treatment to affected areas daily for seven days, then increase to twice daily. Allow Time Erase to penetrate the skin for approximately five minutes before applying moisturizer. Avoid delicate eye area.
- **Maxifirm Skin Renewal Complex Serum:** Restores firmness, density, elasticity and radiance. Use on clean, dry skin after freshener. Gently massage over face, neck, and eye area twice daily for the first 30 days for optimum results, then apply once daily for continued firming effect. Allow Maxifirm to penetrate the skin for one to two minutes before applying moisturizer. Do not layer with Dermaplex A.
- **Dermaplex A Line Reversal Peptide Serum:** Reduces the depth of wrinkles and fine lines caused by facial expressions. Use on clean, dry skin after freshener. Gently massage into targeted areas (crow's feet, frown and laugh lines) twice daily for the first 30 days, then once daily to maintain results. Allow Dermaplex A to penetrate the skin for one to two minutes before applying moisturizer. Do not layer with Maxifirm.
- **High Antioxidant Night Repair Treatment:** Powerful antioxidants work to repair and protect skin cells from daily free radical damage. Use on clean, dry skin after freshener. Generously apply Night Repair every night over face, neck, and décolletage. Do not apply Night Repair with water. Use in place of your evening moisturizer.

**MOISTURIZER: Apply twice daily as the last step in your skin care regimen.** L'BRI moisturizers hold five times their weight in water, helping to restore skin's moisture level while plumping lines and wrinkles. L'BRI offers six types of moisturizers including:

- **Gentle Moisture Lotion:** For normal, combination, or dry skin. Not recommended for blemish-prone skin.
- **Intense Moisture Crème:** For all skin types.
- **Oil-Free Moisture Lotion:** For normal to oily skin.
- **Oil-Free Moisturizer with SPF 32:** For all skin types. (Do not add water to products with SPF.)
- **Aloe Vera Barbadosensis Jelly:** For oily, excessively oily, or blemish-prone skin.

Apply a dime-size amount over entire face and neck area, working in an upward motion with a small amount of water on your fingertips, or apply with L'BRI Hydrating Antioxidant Face Mist, if recommended for your skin type.

- **Intense Moisture Boost Hyaluronic Acid Serum:** For all skin types. Replenish skin's moisture and softness; smooth the appearance of fine lines and wrinkles. Apply directly to the skin after moisturizer or add 2-3 drops to moisturizer and blend. Massage lightly into the skin until absorbed.