



***LET'S GET STARTED!** – Acne Skin Care Regimen*

PRODUCT	HOW OFTEN TO USE	HOW TO USE	TIPS
Cleanser	Twice daily	wet skin. Work the cleanser into your skin with your fingertips, facial washing sponge, or washcloth. Rinse thoroughly with a wet washcloth using lukewarm, not hot water.	Clean your facial washing sponge daily using hand soap or facial cleanser. Squeeze out excess water and air dry.
Deep Clean Toner	Begin using once daily, increasing to twice daily as the skin acclimates to the product.	Pour toner onto a cotton pad. Wipe onto the entire face or affected areas once daily, increasing to twice daily as tolerated.	Use toner in place of freshener
Freshener	Hold for two weeks	Incorporate into your nighttime routine by applying to a cotton pad and wiping it onto the entire face.	If breakouts increase after beginning freshener, hold for another two weeks. If using Deep Clean Toner, do not use freshener.
KlearAway	Twice daily	Apply a small amount to your entire face for extensive blemish breakouts. Spot treat if blemishes are sporadic.	Do not apply any products other than Clarifying Clay Masque over KlearAway to avoid diluting its effectiveness.
Aloe Jelly	Twice daily	Apply to areas not treated with KlearAway. May be used after Deep Clean Toner.	Apply Aloe Jelly without water to help reduce inflammation, redness, and improve blemishes.
Clarifying Clay Masque (oily or excessively oily skin)	Two to three times weekly on the entire face and overnight as a spot treatment on blemishes	For oilier skin, apply to the whole face 2-3 times weekly, leaving for up to 30-60 minutes. Spot treat individual blemishes nightly after KlearAway or Deep Clean Toner, leaving on overnight.	Do not use the Clarifying Clay Masque overnight if using the Rejuvenating Facial Peel the following morning.
Facial Masque (dry skin)	Two to three times weekly and overnight as a spot treatment.	For dry skin with blemishes, use as a spot treatment overnight.	Do not use the Facial Masque overnight if using the Rejuvenating Facial Peel the next morning.
Rejuvenating Facial Peel	Twice weekly	Apply a thin layer to the entire face. Wait 30-60 seconds, then roll dry fingers around your face in a circular motion until beading stops.	Use in the morning before cleansing. Do not allow the product to dry on your skin. Follow with your regular skincare regimen.