

Mask wearing has caused an uptick in blemishes and acne breakouts. The humid and sticky environment created by mask wearing tends to cause breakouts around the nose, mouth, and chin areas.

The main cause of mask acne is **not** a dirty mask, but washing your mask daily will help control bacteria that thrives in the warm, humid environment inside your mask. Flipping your pillowcase over daily and changing it every other day will also help control the transfer of bacteria.

Using a complete L'BRI skin care regimen, including *Clarifying Clay Masque*, *Deep Clean Toner*, or *KlearAway*, will reduce the severity of breakouts. *Deep Clean Toner* and *KlearAway* both contain 2% Salicylic Acid and should not be used together.

Use either *Aloe Jelly* or *Oil-Free Moisture Lotion* on your face after washing to rehydrate your skin and create a barrier to prevent chafing. Do not apply moisturizer over *KlearAway* to avoid diluting its effectiveness.

RECOMMENDED CLEANSERS

Wash your face twice daily with one of our aloe-based cleansers to keep your skin clean and clear. Make sure to remove dirt, grime, oil, and bacteria from your skin as soon as possible after removing your mask.

For normal, combination, blemish-prone or oily skin, use *Deep Pore Cleanser*.

For excessively oily or acne-prone skin, use *Oil-Control Cleanser*.



*Deep Pore
Cleanser*



*Oil-Control
Cleanser*

RECOMMENDED SKIN CARE ROUTINES

Morning Routine: After cleansing, rinse thoroughly, apply *KlearAway* or *Deep Clean Toner* and allow it to penetrate the skin for two to three minutes. Do not apply moisturizer over *KlearAway*. Pat *Clarifying Clay Masque* directly onto the blemishes. Leave on under the mask for the entire day. The white color of the *Clay Masque* will dissipate as it absorbs into the skin.

Evening Routine: After cleansing, apply a steamy, white washcloth over the blemished areas until the washcloth cools. Repeat this process several times. Gently pat skin dry. Apply *KlearAway* or *Deep Clean Toner* and allow it to penetrate the skin for two to three minutes. Do not apply moisturizer over *KlearAway*. Pat *Clarifying Clay Masque* directly onto the blemishes as an overnight spot treatment.



KlearAway



*Deep Clean
Toner*



*Clarifying
Clay Masque*

RECOMMENDED MOISTURIZERS

For oily skin with breakouts without dryness or flakiness, use *Aloe Vera Barbadosensis Jelly*.

For breakouts with moderate to severe dryness or flakiness, use *Intense Moisture Crème*.

For breakouts with mild dryness and flakiness, use *Oil-Free Moisture Lotion*.



*Aloe Vera
Barbadosensis Jelly*



*Intense
Moisture Crème*



*Oil-Free
Moisture Lotion*