

Mask wearing has caused an uptick in blemishes and acne breakouts. The humid and sticky environment created by mask wearing tends to cause breakouts around the nose, mouth, and chin areas.

The main cause of mask acne is *not* a dirty mask, but washing your mask daily will help control bacteria that thrives in the warm, humid environment inside your mask. Flipping your pillowcase over daily and changing it every other day will also help control the transfer of bacteria.

Using your L'BRI trio twice daily along with *Clarifying Clay Masque* and *KlearAway* will reduce breakout severity. **DO NOT PICK AT THE BLEMISHES.** Picking at the blemishes will cause the transfer of the bacteria to other areas of your face.

Use either *Aloe Jelly* or *Oil-Free Moisture Lotion* on your face after washing to rehydrate your skin and create a barrier to prevent chafing.

RECOMMENDED CLEANSERS

Wash your face twice daily with one of our aloe-based cleansers to keep your skin clean and clear. Make sure to remove dirt, grime, oil, and bacteria from your skin as soon as possible after removing your mask.

For normal, combination, blemish-prone or oily skin, use *Deep Pore Cleanser*.

For excessively oily or blemish-prone skin, use *Oil-Control Cleanser*.



*Deep Pore
Cleanser*



*Oil-Control
Cleanser*

RECOMMENDED SKIN CARE ROUTINES

Morning Routine: After cleansing, rinse thoroughly, apply *KlearAway* and allow it to penetrate the skin for two to three minutes. Pat *Clarifying Clay Masque* directly onto the blemishes. Leave on under the mask for the entire day. The white color of the *Clay Masque* will dissipate as it absorbs into the skin.

Evening Routine: After cleansing, apply a steamy, white washcloth over the blemished areas until the washcloth cools. Repeat this process several times. Gently pat skin dry. Apply *KlearAway* and allow it to penetrate the skin for two to three minutes. Pat *Clarifying Clay Masque* directly onto the blemishes as an overnight spot treatment.



*Clarifying
Clay Masque*



KlearAway

RECOMMENDED MOISTURIZERS

For oily skin with breakouts without dryness or flakiness, use *Aloe Vera Barbadensis Jelly*.

For breakouts with moderate to severe dryness or flakiness, use *Intense Moisture Crème*.

For breakouts with mild dryness and flakiness, use *Oil-Free Moisture Lotion*.



*Aloe Vera
Barbadensis Jelly*



*Intense
Moisture Crème*



*Oil-Free
Moisture Lotion*