

Session #4 - It's Habit Forming!

Key Success Principles

- *Decide what you want.*
- *Stop thinking in terms of limitations; start thinking in terms of possibilities.*
- *Take 100% responsibility for your business.*
- *Choose your actions according to results, not comfort level.*
- *Work your business consistently and with intention.*
- *New = Growth.*
- *Your business will grow in direct proportion to the number of people you talk to about all 3 L'BRI opportunities.*

1. You need to ask yourself: What can I _____ to make sure I keep my commitment to the new habit I'm choosing?

2. Whatever habits I have established are producing _____.

3. If I want different results – I need _____.

4. I've got to allow my new habits the _____ to produce new results.

5. Here is a four-step formula to follow if I want new results in my business:

- What are the _____ I want?
- What are the _____ I need to create?
- What are the _____ I can use?
- What is the _____ I can take today?

6. The challenge I choose for this week is:

Bronze: High Five every day

Gold: Identify one result you want to achieve and one habit you need to change

BOTH Bronze & Gold: (counts as two challenges) High Five every day and identify one result you want to achieve and one habit you need to change.

* Find the challenge submission form by entering this link into your browser:

<https://forms.gle/wqNcvt1Akvi3txhj9>